**13.05 – 3 пара**

**Тема урока«Любимые магазины. Времена Simple».**

***Цель –*** совершенствование знаний по теме «Времена Simple», совершенствование лексических навыков по теме «Любимые магазины».

**Задание 1**. Используйте глаголы в Present Simple.

1.Our hens \_\_\_\_\_ (to lay [откладывать]) a lot of eggs.

2.Boys \_\_\_\_\_ (to fight) and\_\_\_\_\_(to shout).

3.That boy \_\_\_\_\_ (to try) to catch some balls.

4.These girls \_\_\_\_\_(to try) to run away from an angry turkey.

5.If one goose \_\_\_\_\_(to have) one tooth, how many teeth \_\_\_\_\_(to have) thirteen geese?

**Задание 2.** Раскройте скобки употребляя глаголы в Past Simple.

1. Yesterday he (to wash)   his face at a quarter past seven.

2. I ( to work)   at school 3 years ago

3. We ( to study)   at university in 1998.

4. My mother (not to like)   milk in her childhood.

5. Our children ( to play)   football last year

**Задание 3.** Рaскройте скобки, используя Future Simple.

I \_\_\_\_(to be) at home. I \_\_\_ (to invite) my friend Nina to come home. We\_\_\_(play). She \_\_\_(be) Big Grey Angry Wolf and I \_\_\_(be) Litlle Red Riding Hood. And who \_\_\_(be) Granny, who lives in the forest. I think we \_\_\_(invite) Kate to come and play with, us too. Tomorrow John \_\_\_(to get up) at seven. Then he \_\_\_(to go) to school. He \_\_\_(to have) dinner at one. He \_\_\_(to come home) at three. Then he \_\_\_(to play) in the yard. After that he \_\_\_(to do) his homework.

**Задание 4.** Переведите текст письменно.

My name is Martha and I’m fifteen years old. I study at the 9th grade of a state secondary school. My family is small. It’s just me, my parents and our pets. We have two pets: a cat Cristy and a dog Mukhtar.

At weekends I often go shopping with my parents. We visit the nearest hypermarket. This hypermarket, which is called “Atak”, is my favourite shop, because we can find all the necessary things in one place. We buy fresh food, presents, stationery, household appliances and many other items there. We don’t even need to go to the bakery or grocery, as everything can be found in this huge shop.

At first sight it reminds a large storage of vital items. Last week we bought swimming suits and glasses for the beach holiday. We also bought a new multicooker, as the old one broke down. As you see, hypermarket offers a wide range of products.

My parents say that there weren’t any supermarkets and hypermarkets in their childhood. They had to go to several places to buy various products. In my opinion, such stores are simply indispensable in each city or town. They have lots of advantages. First of all, you can buy everything you need at one place. Secondly, hypermarkets often offer discounts or sales opportunities. Thirdly, I like the shopping carts in hypermarkets. They are of great help when we buy lots of things. In the same building there is a chemist’s, an exchange office, a dry-cleaner’s and a pizzeria. In case we have heavy bags, we call a taxi to come and pick us up.

***Контрольные вопросы:***

1.Дайте определение Present Simple.

2.Дайте определение Past Simple.

3.Дайте определение Future Simple.

**13.05 – 4 пара**

**Тема урока«Здоровый образ жизни. Present Continuous».**

***Цель –*** введение знаний по теме «Present Continuous», введение лексических навыков по теме «Здоровый образ жизни».

***Задание 1.*** Перепишите лексику к уроку.

1. healthy way of life — здоровый образ жизни
2. **un**healthy way of life — нездоровый образ жизни
3. bad/ unhealthy habit — вредная привычка
4. take care of your health — заботиться о своем здоровье
5. get into a habit of — завести привычку
6. get rid of a bad habit — избавиться от вредной привычки
7. make it a rule — поставить за правило
8. prefer organic food — предпочитать натуральную еду
9. junk food/ fast food — фастфуд
10. food rich in calories — калорийная пища
11. influence our health — влиять на здоровье
12. improve health — улучшить здоровье
13. ruin health — навредить здоровью
14. do harm — причинять вред
15. skip breakfast — пропускать завтрак
16. be overweight — иметь избыточный вес
17. lose weight — похудеть
18. put on weight  — поправиться
19. be on diet — быть на диете
20. have little physical activity — мало двигаться
21. take regular exercises — регулярно заниматься упражнениями
22. live a regular life — вести правильный образ жизни
23. a late riser — тот, кто поздно встает
24. an early riser — тот, кто рано встает
25. be as fit as a fiddle — быть в добром здравии и прекрасном настроении

***Задание 2****.* Переведите текст письменно.

**Food we eat also influences our health**.

Nowadays people are very busy and they often eat in fast food restaurants as they don’t have time to cook. Fast food is unhealthy. It is very **rich in calories.** This food gives a lot of energy. But if you don’t work it out, it becomes fat in your body. The same is with chocolates, cakes and sweets. They have much fat and sugar.

People should **get rid of a habit of**eating fast food and *get into a habit of* eating *organic food* such as fruit, vegetables and fish.

There are other **bad habits**, which can *ruin our health*. It is smoking, drinking alcohol and using drugs.

Our health depends on many things: our physical activity, the food we eat and our good and bad habits. Although a lot of people are interested in staying healthy, not many people do very much about it. Modern way of life when people have little physical activity, use cars instead of walking, watch television and work on computers for many hours is quite dangerous for their health.

Exercises that involve repeated movements such as are walking, jogging or swimming are the best. The cheapest and most popular sport is jogging. If you don’t have time for it, make small changes like using stairs instead of the lift or walking or cycling instead of taking the bus and it can help you to improve your health and make you a more active person.

**Контрольные вопросы**

1. Дайте определение Present Continuous.
2. Как образуется Present Continuous?
3. Назовите маркеры времени Present Continuous.

**14.05 – 4 пара**

**Тема урока«Здоровый образ жизни. Present Continuous».**

***Цель –*** отработка знаний по теме «Present Continuous», отработка лексических навыков по теме «Здоровый образ жизни».

***Задание 1.*** Добавьте окончание-ingк глаголам ниже. Переведите причастия на русский язык.

ПРИМЕР. sing – петь; singing – поющий

#### read, write, take, sit, play, look, swim, jump, run, go, do, buy, help, eat, clean, make, speak, sleep, listen, talk, fly, lie, die

## *Задание 2.* Составьте предложения по образцу.

**Example:** Tim isn’t reading now. (to sleep) +  
Tim isn’t reading now. He is sleeping.  
Colin and Den are playing now. (to work) — Colin and Den are playing now. They aren’t working.

1. Pupils aren’t writing a dictation now. (to translate the text) +
2. Margaret is washing the dishes, (to sweep the floor) —
3. The days are getting shorter, (to get longer) —
4. My Granny isn’t reading a magazine, (to watch TV) +
5. My friend and me are sunbathing, (to swim) —
6. The kitten isn’t sleeping, (to play) +
7. Greg and his boss aren’t having lunch, (to read a report) +
8. Cliff and Julia are preparing for the test, (to dance at the disco) —
9. My father isn’t washing his car. (to dig in the garden) +
10. I’m not learning a poem now. (to write an essay) +

## *Задание 3.* Поставьте глаголы в скобках в правильную форму.

1. Alice and Ron … (to sit) in a cafe now.
2. It … (not to snow) outdoors now.
3. We …(to wait) for our teacher in the classroom.
4. I … (to watch) the children playing in the yard.
5. The girls … (to argue) about what present to buy for Lewis.

**Контрольные вопросы**

1. Дайте определение Present Continuous.
2. Как образуется Present Continuous?
3. Назовите маркеры времени Present Continuous.