**27.05 - 3 пара**

***Цель –*** отработка знаний по теме «Future Continuous», усвоение лексических навыков по теме «Здоровый образ жизни».

## *Задание 1.* Поставьте глаголы в скобках в Future Continuous.

1. At this time tomorrow we … (to watch) a new play in the theatre.
2. I… (to have) lunch with our business partners from 3 to 5 o’clock tomorrow.
3. Mike … (to interview) a famous showman at 6 o’clock next Thursday.
4. We … (to discuss) this project at our morning meeting next Wednesday.
5. My lawyer … (to wait) for us in his office at 11 o’clock tomorrow morning.

***Задание 2.*** Сделайте предложения отрицательными и вопросительными.

1. She will be doing aerobics at 7 o’clock tomorrow evening.
2. We will be cycling tomorrow morning.
3. Henry will be walking his dog at 2 o’clock tomorrow.
4. Molly will be making a cake for our party at 3 o’clock tomorrow.
5. The girls will be preparing the costumes for the performance since 3 o’clock tomorrow.
6. Brian will be writing an article at this time next Friday.
7. We will be exercising in the gym from 2 p.m. till 5 p.m. tomorrow.
8. Mr Peters will be visiting our country from Monday till Friday.
9. It will be raining all day tomorrow.
10. You will be seeing your dentist at 5 o’clock next Thursday.

***Задание 3.*** Прочитайте текст.

Our health depends on our eating. Food provides us with the energy that we spend with physical exertion. Update and development of the organism at the cellular level directly depends on the products that we use. The body needs to receive a sufficient number of nutrients every day: proteins, carbohydrates, fats, vitamins, minerals, trace elements.

Proper nutrition is a mandatory point of a healthy lifestyle and a guarantee of stable functioning of the body as a whole.

Everyday diet should be diverse and full. Freshness of products is very important. It is necessary to monitor the volume of food intake. Each person's portion varies, depending on age, health status, gender, and equipment. Cereals, fruits and vegetables, fish, meat, eggs, dairy products, nuts, salt, sugar, fat, should be present in the diet. A balanced diet should become a way of life. You should refuse to give up snacks and fast food. Thoroughly chew food, do not swallow large chunks. It is strictly forbidden to drink food with water. You can eat everything, but in moderation. Overeating and incompatibility of products leads to a disruption of metabolism, diabetes and obesity. It is very appropriate to say Socrates: "We do not live in order to eat, but eat in order to live."

***Задание 4.*** Найдите выражения в тексте.

зависит наше здоровье- обеспечивает нас энергией-

тратим при физических нагрузках- обновление и развитие организма-

напрямую зависит от продуктов- организму необходимо получать-

достаточное количество питательных веществ- белки, углеводы, жиры, витамины-

правильное питание- обязательный пункт здорового образа жизни-

каждодневный рацион- должен отличаться разнообразием-

свежесть продуктов- следует следить за-

объём порций- зависит от возраста-

состояние здоровья- образ жизни-

следует отказаться фаст-фуда- тщательно пережевывать пищу-

запрещено запивать еду водой- переедание и несовместимость продуктов-

приводит к нарушению обмена веществ, сахарному диабета и ожирению-

высказывание Сократа: "Мы живем не для того, чтобы есть, а едим для того, чтобы жить"-

**27.05 - 4 пара**

**Тема урока«Здоровый образ жизни. Времена Continuous».**

***Цель –*** совершенствование знаний по теме «Времена Continuous», совершенствование лексических навыков по теме «Здоровый образ жизни».

***Задание 1.*** Раскройте скобки, употребляя глаголы вPresent Continuous.

1. The boys (run) in the garden.

2 I (not/do) my homework.

3. John and his friends (go) to the library.

4. The dog (play) with a ball.

5. Why …. (you/cry)?

6.Look! The children \_\_\_\_ jumping.

7.The cat \_\_\_\_ sleeping now.

8.My friend and I \_\_\_\_ not dancing now.

9.Dave \_\_\_ reading now.

10Look! I \_\_\_ swimming.

## *Задание 2.* Составьте предложения в Past Continuous.

1.I/to go home/at 4 o’clock yesterday.

2.We/to play basketball/at 6 o’clock last Sunday.

3.She/to talk with her friend/for forty minutes yesterday.

4.You/to wash the window/in the afternoon yesterday.

5. Nick/to ride his bike/all the evening.

6.Sheila and Dora/to wait for a bus/for half an hour.

7.They/to prepare for the party/all day yesterday.

8. I/to learn the poem/for an hour.

9.Dick/to paint the walls in his room/from 2 to 6 o’clock last Wednesday.

10.Eve and Tony/to skate/all day last Saturday.

***Задание 3.*** Поставьте глаголы в скобках в Future Continuous.

1. At this time tomorrow we … (to watch) a new play in the theatre.
2. I… (to have) lunch with our business partners from 3 to 5 o’clock tomorrow.
3. Mike … (to interview) a famous showman at 6 o’clock next Thursday.
4. We … (to discuss) this project at our morning meeting next Wednesday.
5. My lawyer … (to wait) for us in his office at 11 o’clock tomorrow morning.
6. The workers … (to repair) the road in the city centre for two days next week.
7. The students … (to write) a test from 9 a.m. till 1 p.m. next Tuesday.
8. My friends … (toplay) cricket from 5 till 7 o’clock next evening.
9. I … (to fly) to Cairo at this time next Sunday.
10. Alice … (to walk) in the park with her daughter at 7 o’clock tomorrow evening.

***Задание 4.*** Переведите текст письменно.

Scientists say that in the future people will live longer. With healthier lifestyles and better medical care the average person will live to 90 or 100 instead of 70 and 75 like today.

But that's tomorrow. And today, we continue to stuff ourselves with fast food — chips and pizzas, hamburgers and hot dogs. We are always in a hurry. We want to eat now and we want to eat fast. What is tasty is not always healthy. Doctors say that chips and pizzas are fattening, cola spoils our teeth and coffee shortens our lives.  
If we eat too much, we'll become obese, and obesity leads to heart disease, diabetes and other serious illnesses. But the world today is getting fatter and fatter. America is the world's leader in obesity, but Europe is quickly catching up.  
Lack of exercise is another serious problem. We spend hours in front of our computers and TV-sets. Few of us do morning exercises. We walk less, because we prefer to use cars or public transport. Research shows, however, that young people who don't take enough exercise often suffer from heart attacks.  
It's common knowledge that smoking and drinking can shorten our lives dramatically. Cigarette-smoking, for example, kills about 3 million people every year. Many of them die from lung cancer. Yet many young people smoke and drink. Why? One answer is that tobacco and drinks companies invest enormous sums of money in advertising their products. For them cigarettes and alcoholic drinks mean money. For us they mean disease and even death.  
We all know that the healthier we are, the better we feel. The better we feel, the longer we live. So why not take care of ourselves?

**28.05 – 3 пара**

**Тема урока«Путешествия. Present Perfect».**

***Цель –*** введение новых знаний по теме «Present Perfect», введение лексических навыков по теме «Путешествия».

***Краткие теоретические сведения***

Настоящее Совершенное время в английском языке обозначает действие, которые закончились к определенному моменту времени.

Настоящее совершенное время (The Present Perfect Tense) обозначает действие, которое завершилось к текущему моменту или завершено в период настоящего времени (в этом году, на этой неделе). Глаголы в настоящем совершенном времени часто переводятся на русский язык в прошедшем времени, однако в английском языке эти действия воспринимаются в настоящем времени, так как привязаны к настоящему результатом этого действия. Здесь важно подчеркнуть результат какого-то действия, случившегося в прошлом, но результат которого видим сейчас.

I have read a new book. Я прочитал новую книгу. (То есть начал читать когда-то давно, а прочитал только что.)

Образование настоящего совершенного времени

|  |  |  |  |
| --- | --- | --- | --- |
| подлежащее | вспомогательный глагол | сказуемое | дополнение |
| I,you,we,they | have | done | the task |
| he,she,it | has | done | the task |

***Порядок выполнения***

***Задание 1.*** Прочтите и переведите текст письменно.

Travelling

Travelling is very popular nowadays. A lot of people travel to different countries if they have such opportunity. Travelling allows you to get interesting experience, learn about people’s life in other countries and continents. I think it is very interesting to discover new things, new places and different ways of life. While on travel, you meet new people, try different meals; see world famous places with your own eyes.

There are many ways of traveling — by train, by plane, by ship, on foot. If you want to visit a far country, you’ll definitely choose a flight. If your aim is to see many countries for a short time, you’ll choose travelling by bus or by car. If you want to be closer to nature, you may choose a trip on foot.

Lots of people nowadays live in big cities. So it’s natural that they want to have a holiday by the sea or in mountains with nothing to do but relaxing. There is other sort of travellers. They want to visit as many countries as possible. So after exploring Europe and North America they go to exotic countries.

People who travel a lot, are very interesting, they always have a good story to tell. Thanks to them you can learn many things which you didn’t know before. They motivate to see something new, to explore the world, which is so easy to do nowadays. Any kind of travelling helps you to understand many things that you would never see or learn at home.

As [English](https://ok-english.ru/) people say — A picture is worth a thousand words. And I totally agree with them.

***Задание 2.***Замените выделенные слова синонимами и переведите предложения на русский язык.

1 We have а *сhаnсе* to go on а bus tour to Moscow this weekend.

2 Му sister *is fond of* collecting mаnу things: postcards, dolls, books, dresses. She says she *has а rest* when she looks at her collection. But in fact she has nо rest. She has аreally big collection.

3 "I see well that you must go in for sports to improve your hea1th," - said *mother* to her child.

***Задание 3.*** Восстановите порядок слов в предложении. Переведите получившиеся предложения.

1. have – Britain – several – I – to – times – been

2. Spain – since – she – lived – in – 1994 – has

3. five – married – have – they – years – been – for

4. I – coffee – made – already – for – have – you

5. never – Bob – a bike – has – had

***Контрольные вопросы***

1 Кого употребляется Present Perfect?

2 Как изменяется глагол в настоящем совершённом времени?

3 Знаете ли вы временные маркеры этого времени?

**28.05 – 4 пара**

**Тема урока«Путешествия. Present Perfect».**

***Цель –*** отработка знаний по теме «Present Perfect», отработка лексических навыков по теме «Путешествия».

***Задание 1****.* Составьте предложения в Present Perfect, используя for (в течение) или since (с тех пор, как).

*Образец: I – not – meet – George – last month. – I haven’t met George since last month.*

1. We – know – him – six months.

2. Jack – not – play – hockey – last winter.

3. Mary – be – a real friend – our childhood.

4. They – live – in Tokyo – a long time.

5. My Dad – work – as a builder – three years.

**Задание 2.** Поставьте глаголы в скобках в Present Perfect и переведите.

1. He \_\_\_\_\_ (finish) training.
2. She \_\_\_\_\_ (score) twenty points in the match.
3. We \_\_\_\_\_ (watch) all the Champions League matches this season.
4. That's amazing! She \_\_\_\_(run) fifteen kilometers this morning!
5. She \_\_\_\_ (buy) some really nice rollerblades!
6. Oh, no! I \_\_\_\_\_ (lose) my money!
7. My mum \_\_\_\_\_ (write) shopping list. It's on the kitchen table.
8. Dad, you \_\_\_\_\_ (eat) my biscuit!
9. I’m tired. I \_\_\_\_(watch) three X-Files videos.
10. Hurry up! They \_\_\_\_ (start) the film!

***Задание 6.***Поставьте глаголы из скобок в форму PresentPerfect и переведите.

1. He never … (be) to Oxford before.

2. When I found my camera the butterfly already …(fly away).

3. Sandra … (suffer) from pneumonia for many years.

4. Tony … (not appear) on TV before that.

5. My cousin … (buy) the tickets before we came.

6. I was too tired because my working day … .

7. He … (to watch) this TV programme before his parents came home.

8. Sheila and Witty … (to send) the invitations for the conference before Friday.

9. A group of tourists … (already to visit) this cathedral before the guide told them about its history.

10. His nephew … (to move) to a new flat by the beginning of September.

**29.05 – 1 пара**

**Тема урока«Экскурсии. Pаst Perfect».**

***Цель –*** введение новых знаний по теме «Pаst Perfect», закрепление лексических навыков по теме «Экскурсии».

***Теоретические сведения***

Прошедшее Совершенное время в английском языке обозначает действие, которое за-кончилось к определенному моменту времени в прошлом.

Прошедшее совершенное время (The Pаst Perfect) обозначает действие, которое завер-шилось к определённому моменту в прошлом. Глаголы в прошедшем совершенном вре-мени переводятся на русский язык в прошедшем времени.

**Маркеры времени**:  by Friday (к пятнице), by the end of the year (к концу года), by July 11th (к 11-му июля), by 5 o’clock (к 5-ти часам), by then (к тому времени). since (с каких-то пор) и for (в течение какого-то периода).

**Образование утвердительных предложений**

|  |  |  |  |
| --- | --- | --- | --- |
| **подлежащее** | **вспомогательный глагол** | **сказуемое (для неправильных глаголов) - 3 форма** | **дополнение** |
| I,you,we,they,he,  she,it | **had** | done | the task |
| **подлежащее** | **вспомогательный глагол** | **сказуемое (для правильных глаголов) – окончание ed** | **дополнение** |
| I,you,we,they,he,  she,it | **had** | play**ed** | the game |

**Образование отрицательных предложений**

|  |  |  |  |
| --- | --- | --- | --- |
| **подлежащее** | **вспомогательный глагол + not** | **сказуемое (для неправильных глаголов) - 3 форма** | **дополнение** |
| I,you,we,they,he,  she,it | **had not** | done | the task |
| **подлежащее** | **вспомогательный глагол + not** | **сказуемое (для правильных глаголов) – окончание ed** | **дополнение** |
| I,you,we,they,he,  she,it | **had not** | play**ed** | the game |

**Задание 1.** Вставьте глаголы в Past Perfect и переведите.

1. Jill was afraid she \_\_\_\_(forget) her key at home, but she found it in her handbag.

2. Dad wasn’t at home when I came back. He \_\_\_\_\_(go) out twenty minutes before.

3. I wasn’t hungry because I\_\_\_\_\_ (just/have) breakfast.

4. Peter saw an urgent message on his table. Somebody \_\_\_\_(leave) it the day before.

5. I apologized I \_\_\_\_\_(not/phone) her.

6. He told me that he \_\_\_\_\_(come back) a fortnight before.

7. I knew him at once though I \_\_\_\_\_(meet) him many years before.

8. We spent the night in Klin, a town we \_\_\_\_(often/hear of) but\_\_\_\_\_ (never/see).

9. They couldn’t believe he \_\_\_(give up) his job in the bank. He \_\_\_\_(make) a good living there.

10. Mr. Jackson said that he \_\_\_\_(already/buy) everything for lunch.

## Задание 2. Сделайте предложения отрицательными и переведите.

1. We had told him about the time of the meeting.
2. She had washed the vegetables for the salad.
3. You had caught a small fish by that time.
4. The burglars had robbed the bank.
5. A zookeeper had fed the animals by twelve o’clock.
6. David had eaten all the sandwiches by two o’clock.
7. They had been to this town before.
8. I had done all the arrangements by Saturday.
9. Alice had shown me her paintings before.
10. You had forgotten about her request.

## Задание 3. Поставьте глаголы в скобках в правильную форму и переведите.

1. We … (already to give) our projects to the teacher.
2. Sandra … (to do) the shopping before the New Year Eve.
3. You … (not to phone) me by the end of the week.
4. I… (not to try) such a delicious cake before.
5. … your sister … {to reserve) the hotel room beforehand? — Yes, she … .
6. … Mr Smith … (to discuss) that problem with his lawyer? — No, he … .
7. Clara … (never to be) to the Pyramids before.
8. … you … (to take) part in this festival before? — No, I … .
9. Mark … (to finish) his work by 6 o’clock yesterday.
10. … Nigel… (to find) any information in the Internet by last Tuesday? — Yes, he … .

***Контрольные вопросы***

1 Дайте определение Pаst Perfect?

2 Как образуются утвердительные и отрицательные предложения?

3 Назовите маркеры времени Pаst Perfect.